

SAB'R

SIHAM ENNAJJARY



A 2025 CREATION

STATEMENT OF INTENT

Since 2023, after receiving support from Lezarts Urbains, it became important for me to begin an introspective journey around my Krump practice, and more broadly, my relationship to dance. Creating the solo “Sab’r” is both a renewal and the result of that search.

“Sab’r,” which means patience in Arabic, is a deeply personal creation, a first solo born from a need to reclaim my body, my culture, and my practice. For years, I built experience as a dancer while feeling disconnected from my own movement. I danced without grounding, without true awareness of my body. This creative process was often marked by doubt. Yet patience allowed me to continue, to listen to myself, and to rediscover a path for creation. Patience is a value deeply rooted in my culture, my upbringing, and my spirituality.

This work reflects on what patience truly means: an inner strength, a discipline, and also a reconciliation. Through this creation, I want to share this intimate experience, this learning of time and authenticity. “Sab’r” is not only a celebration of patience, but also a reminder of transformation.

Over time, I learned to love my body, to listen to its needs, and to reconnect with my essence: my roots, my culture, and a style that is dear to me, Krump. Through its intensity, power, and authenticity, Krump has offered me a space of raw and liberating expression. In this dance, I find harmony between my body and my story.



STATEMENT OF INTENT

NEXT SECTION

The fusion between Amazigh dances and Krump in “Sab’r”

The link between Krump and Amazigh dances lies in their shared roots in identity, the body, and spirituality. Though born from different cultural and geographic worlds, they both express something instinctive and deeply inward.

In “Sab’r”, I explore this resonance between Krump and Amazigh dances, highlighting their shared strength: telling a personal story while touching something collective and timeless. This meeting of two worlds reflects a dialogue between my roots and my present, a balance between tradition and modernity, between the body and the soul.

Amazigh dances are part of my family memory: I grew up experiencing them during gatherings, celebrations, weddings, and important moments in women’s lives. They have always fueled my inspiration.

Krump, like Amazigh dances, is a cathartic practice for me. Both draw from an authentic, symbolic, spiritually grounded energy. They require being deeply anchored in oneself and one’s roots, while opening to something larger, in parallel with the grounded steps and strong support both forms demand.

What connects Krump and Amazigh dances, for me, is the complete honesty in expression — a return to oneself and a surrender to the present moment. In these dances, the body becomes a vehicle for the soul, a way to reconnect with emotions, personal history, and a spiritual quest. The music, light, and visual language of the show must convey this world that is both rooted, spiritual and profound.

ABOUT

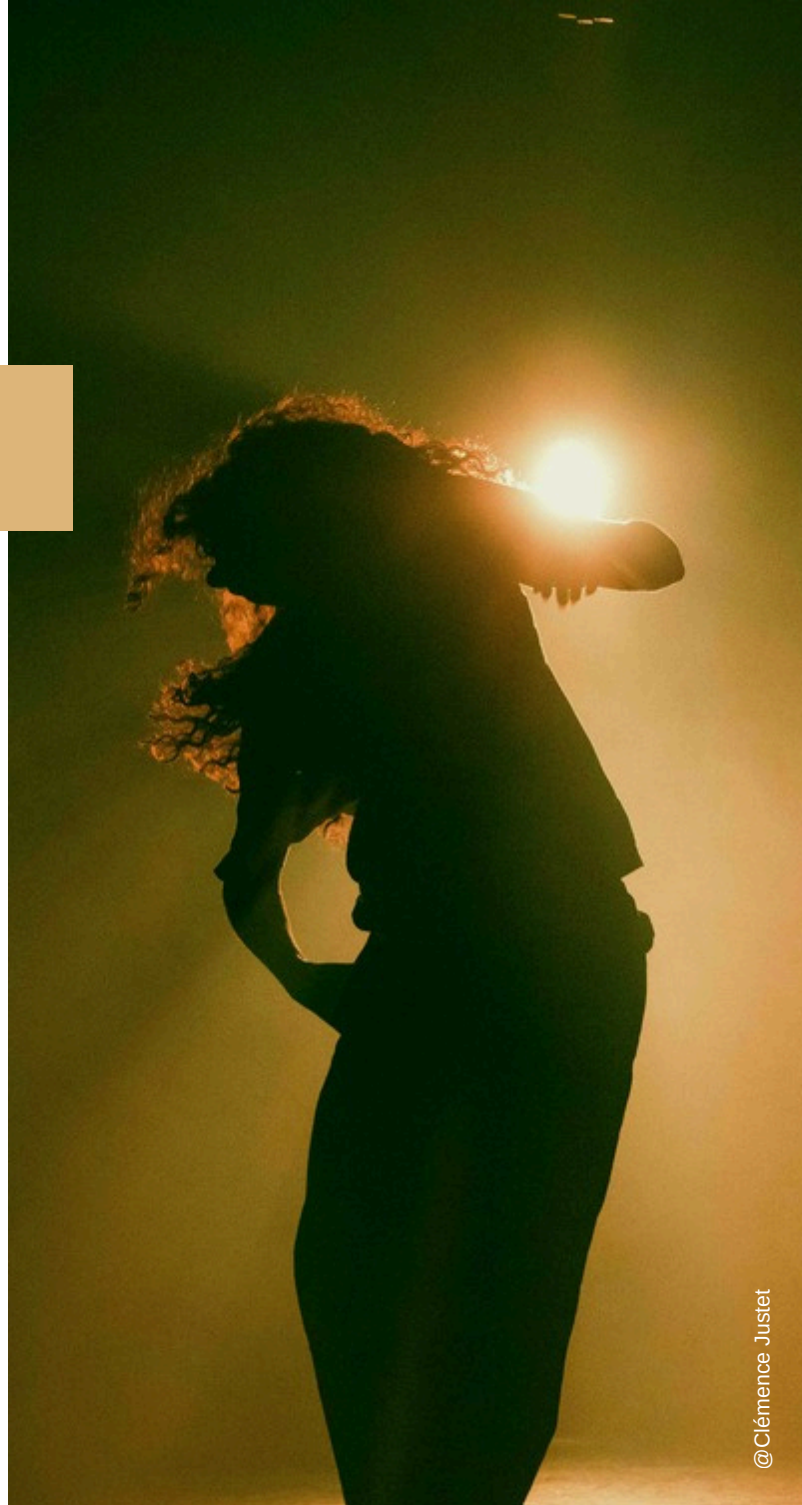
The solo project "**Sab'r**" was created in 2022 and co-produced in 2023 by **Lezarts Urbains**. A 20-minute version was performed as a short format at the **LU festival** and in several cultural venues (**Théâtre de la Vie, Flow Lille**). The project was supported by the **Maison des Cultures de Molenbeek**, as well as **Espace Magh and KVS**. In 2025, the **Fédération Wallonie-Bruxelles** fully produced the solo, and it was distributed by **Get Down**. In 2026, the solo will be presented in its long version (35 min) with a premiere at **Espace Magh**.

ARTISTIC

PROJECT

THE ARABIC ROOT OF THE WORD REFERS TO “PATIENCE”, BUT ITS MEANING GOES FURTHER. “SAB’R” ALSO HOLDS THE IDEA OF PERSEVERANCE.

BOTH PATIENCE AND PERSEVERANCE HELP THE HEART REACH WHAT IT HOPES FOR.



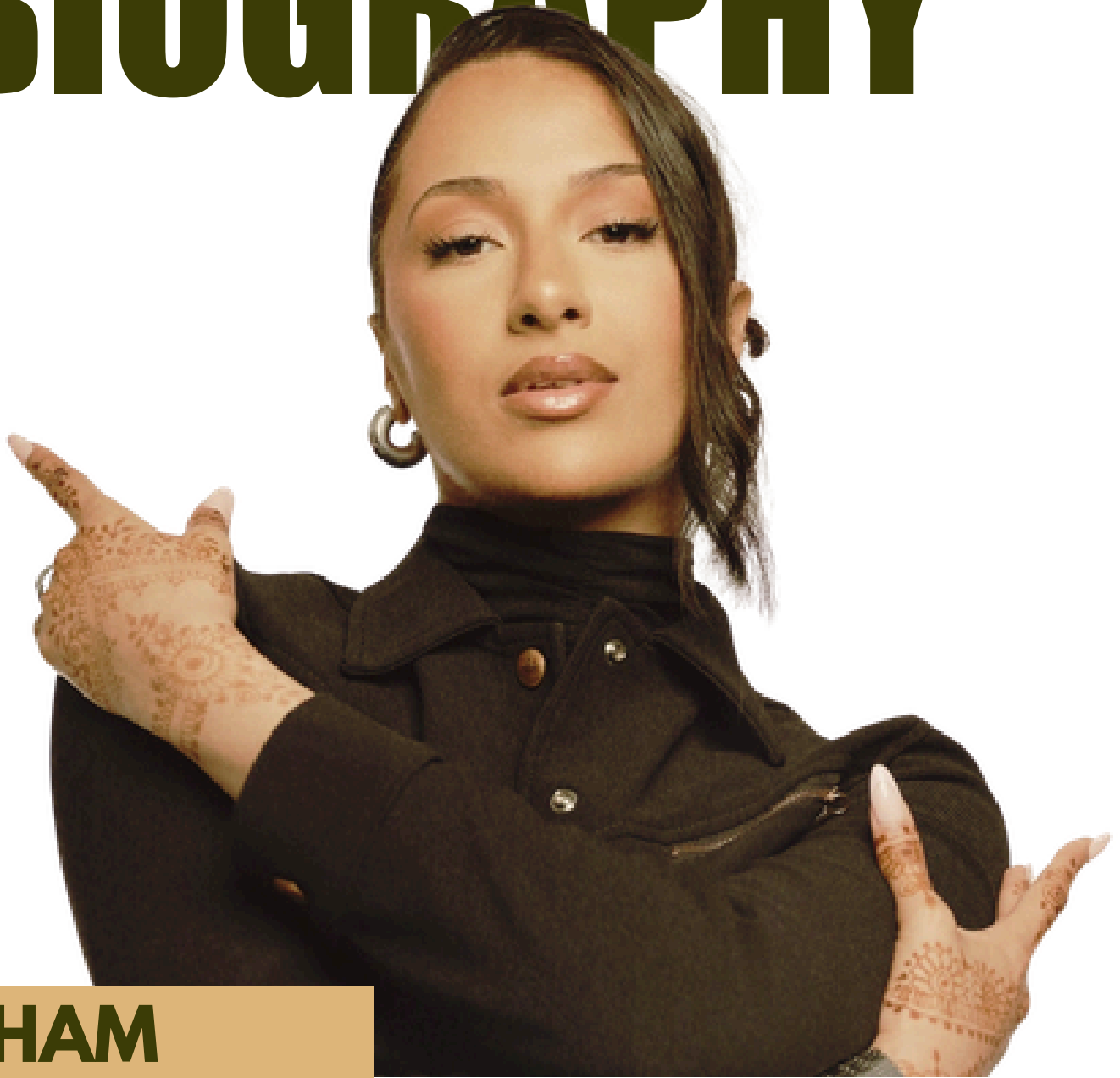
@Clémence Justet

In her solo performance, Siham explores patience in all its forms. This journey leads her through many stages within her body and reconnects her to her **Amazigh roots**, which she describes as her “anchor” after years of questioning.

She retreats to her homeland and blends it with other influences, including **Krump**, a dance of expression and self-return.

She brings her art together in a show that promises **femininity and introspection**, a solo where she opens her heart through a mix of profound dances.

BIOGRAPHY



SIHAM ENNAJJARY

Liège-based dancer and choreographer, specialized in Krump and inspired by urban styles, Siham draws from her Maghrebi/Amazigh roots to shape a movement that is uniquely hers.

Proud member of several fams/crews such as **Ruthless Belgium**, led by Hendrickx N'tela, and the Snipers founded by Luka Austin, she has made her mark in many international battles like "The Illest", as well as in several stage works, including "**Rivoluzione**" produced by La Monnaie Opera.

Now both performer and choreographer, Siham also aims to grow her artistic voice through new creations in Belgium and abroad. She is one of the artists supported by **Lézarts Urbains** and is backed by the Fédération Wallonie-Bruxelles for her first piece, "**Sab'r**".

CALENDAR

2025-2026

Performance at Détours Festival / CC Bruegel (Brussels)

12 September 2025

Performance at EBS, Düsseldorf

18 September 2025

Performance at XS Festival, Théâtre des Tanneurs (Brussels)

22–27 September 2025

**Choreographic creation residency with Dexter Belleka at the Maison des
Cultures et de la Cohésion sociale de Molenbeek**

6–9 January 2026

**Residency / sound creation rework and finalization of the long version
with composers Ades and La Joconde**

26–30 January 2026

Technical residency / light creation and finalization of the long version

16–20 March 2026

Residency (with external eye Dexter Belleka) & feedback

18 April 2026

Performance at June Event / Centre Wallonie Bruxelles (Paris, FR)

12 June 2026

Performances at Dancebase as part of the Edinburgh Fringe

7-16 August 2026

Performance at Charleroi Danse

20 November 2026

**Performance & Carte Blanche around the creation at Espace Magh
(Brussels)**

January 2027 (date to be confirmed)

WORKSHOPS – CULTURAL OUTREACH

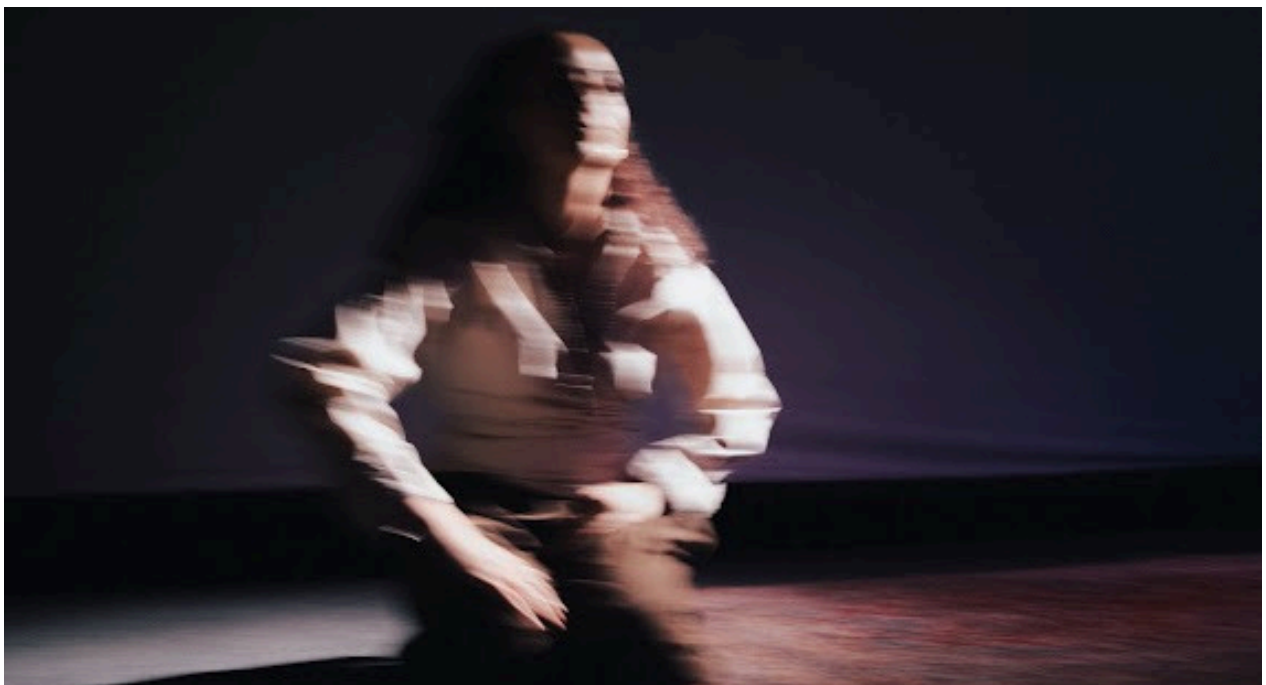
Linked to the performance, dance and movement workshops can be offered to different groups, especially children and young people.

These workshops explore how emotions can be transformed through movement. Using tools from Krump, hip-hop dance and improvisation, participants are invited to explore emotions such as anger, joy, fear and sadness. The workshop creates a safe and structured space for expressing the body's language through movement. The focus is on:

- **awareness of the body and breath**
- **musical and rhythmic listening**
- **individual expression**
- **collective strength**
- **self-confidence and letting go**

Through simple and accessible exercises, participants discover how movement can become a tool for expression, transformation and release.

These workshops can be adapted to different ages and settings (schools, cultural organisations, youth centres) and may include a discussion about the artistic process of the performance.



CREDITS

Choreographer and Performer

Siham Ennajary

Outside Eye

Dexter (Pierre Claver Belleka)

Sound Creation

Céline Ades &
La Joconde (Sara El Moutaouaj)

Light Creation

Guillaume Bonneau

Tour Management

Luna Moncada

Production

Lezarts Urbains (Alison Luca)

Co-production

Detours Festival, Charleroi danse,
Maison des Cultures et de la
Cohésion sociale de Molenbeek

Distribution

Get Down - Dancers Management

With Support From

the Dance Department of the
Fédération Wallonie-Bruxelles
(Performing Arts)

TECHNICAL INFO

Sab'r is a **35-minute show** designed for a **front-row** audience of **all ages**.

Touring team: 2

1 choreographer and performer

1 stage manager

Scenographic elements:

an oriental rug,

a clock

For complete technical details: contact Get Down – Dancers Management



CONTACTS

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Distribution

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FÉDÉRATION
WALLONIE-BRUXELLES

